

# Rhodes Avenue Primary School

## Feedback report

# The statistics



6 sessions ran between September and December in 2016

51 participants gave feedback

100% felt actively involved in the workouts

100% felt the content was relevant to them

100% will use what they have learnt

100% would recommend the workout to others

100% would rate this workout as very good or excellent

# Feedback by course

Course	Q1%	Q2%	Q3%	Q4%	Q5%	Runs	People
Parent Gym, 6 week programme: Behave	100	100	100	100	100	1	10
Parent Gym, 6 week programme: Care	100	100	100	100	100	1	9
Parent Gym, 6 week programme: Chat	100	100	100	100	100	1	8
Parent Gym, 6 week programme: Discover	100	100	100	100	100	1	7
Parent Gym, 6 week programme: Love	100	100	100	100	100	1	8
Parent Gym, 6 week programme: Together	100	100	100	100	100	1	9

Q1 - I felt actively involved in the workout, Q2 - I felt the content was relevant to me, Q3 - I will use what I have learnt, Q4 - I would recommend the workout to others, Q5 - I would rate the workout as very good or excellent

# What the participants thought



## 6 week programme: Behave

### Comments

"Really helpful reinforcement"

"The course is pitched at the perfect level, going into more depth than the standard advice. I have learnt alot and Gosia couldn't be a better coach."

## 6 week programme: Care

### Comments

"Gosia is very professional and keen to get involved into the participants' issues/situations and help to solve them"

## 6 week programme: Chat

### Comments

"Its good to meet other parents in the school & meet others who have the same challenges with other children"

# What the participants thought



6 week programme: Love

## Comments

"Very useful to find out tips and do exercises with my child"

"Really interactive and relevant. Enjoyed a lot"

"Thanks!"



the  
mindgym