

EYFS ASC Weekly Focus Activity Programme

Spring Term 1: January 7th to February 15th.

Note to parents:

During club hours we offer the options to do some art/crafts, indoors and outdoors playing. It is always flexible depending on children needs and request.

Indoor playing: This can include puppetry, role-playing and reading stories.

Crafts: We use these activities as weekly focus activities. This means that the program is flexible and children are also allowed to explore with other basic craft materials and activities.

Outdoor playing: Children will be playing on the nursery playground using school facilities.

**Week
beg. 7th**

Indoors:
**SNOWMAN
IN THE
CLUB**



One of children's winter favorite figures, the snowman! Children will work with the seasons. This activity will help developing their fine motor skills through gluing. Also they will develop decision making since they have to think where the different parts need to be placed.

Outdoors:
**"HOP IN
THE
HOOPS"**



Children will use their gross motor skills also will exercise their ability to listen. On the floor rings of different colours will be placed. There will be background music. The children will have to run without touching the hoops, at the same time that the captain will give instructions to follow. The captain will turn off the music, children who are not in the rings corresponding to the instructions, will leave the game and so on.

**Week
beg.
14th**

Indoors:
Pop-Corn
Week

**COTTON-
POPS**



This collage activity will help developing their fine motor skills hand and eye coordination through gluing. Fun will be ensured!

Outdoors:
**WHAT'S
THE TIME
MR. POP
CORN?**



We love putting together activities that encourage children to work together! This type of activity will help building communication skills and will encourage them to take turns as they all use the same materials.

**Week
beg. 21st**

Indoors:
Bean Week
“**BEAN
SOUNDS**”



Children will learn "cause and effect" through the use of this musical instrument, since if they turn the rain into a stick, it will make a pleasant sound. They will use recyclable materials and of vegetal origin. It is an easy, creative activity that fits perfectly to your age.

Outdoors:
“**RAINBOW
TAG**”



Around a designated area are different colors of paint in little cups with a Popsicle stick. The children must run around, find the paint and put a stripe on their arm. The person who is 'it' has a sponge. When they tag someone, they wipe the paint off of their arm. The goal is to get all the colors in the game on your hand. For older children, you can hide the paint cups, so they have to look for them.

**Week
beg. 28th**

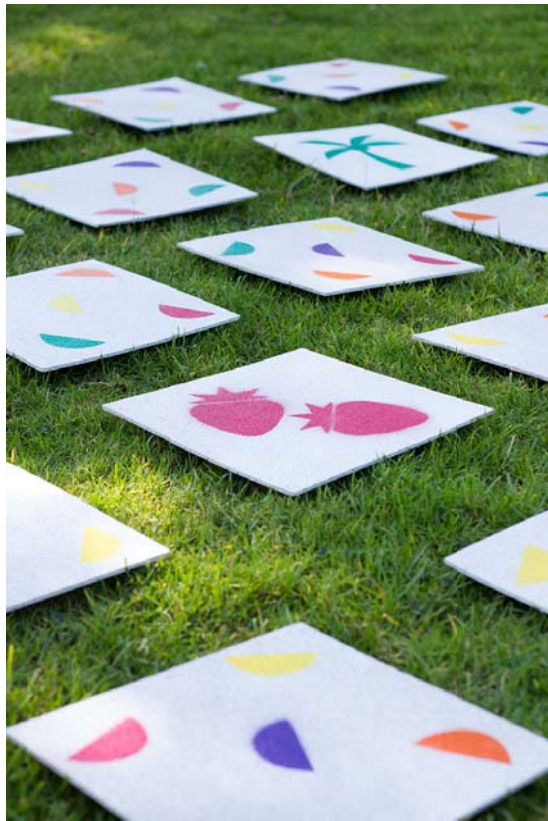
Indoors:
**Bird Watch
Week**

**“BIRD
SCAVENGE
RS”**



Clay manipulation will bring them both motor and cognitive benefits. It will help children to develop the coordination of their hands and eyes; They will develop the muscles in their fingers and hands, known as fine motor skills. At the same time they will develop imagination, perseverance and problem solving.

Outdoors:
**“MEMORY
WISE
TORNAMENT
”**



This game will be a very good method to increase the visual memory of the child in a playful way.

**Week
Beg.4th**

Indoors:
Chinese New
Year's Week

**“CHOP
STICK
MASTER’
CLASS”**



This activity will be a really good fun for children!
It will Improve their fine motor skills, hand – eye coordination as well
as building new pathways in the brain by learning a new skill.

Outdoors:
**“STREACHY
MAN -YOGA
TEAMS”**



Children will reap huge benefits with yoga activities. Physically, they improve their flexibility, strength, coordination and body awareness. In addition, it will improve your concentration and feeling of calm and relaxation. They will also make roll games in which every day a child will play a teacher and others will follow their movements. Super fun!

**Week
beg.11th**

Indoors:
**“LEGO
LOVE”**



Lego is a child’s favorite!
Children will work with their fine motor skills and at the same time they will work with the coordination of hands and eyes: this helps the children develop the strength, the skill and the control necessary to manipulate the daily articles.

Outdoors:
**“MUSICAL
CHAIRS”**



This game helps teach kids to resolve arguments peacefully, deal with disappointment and practice patience.
While they listen to children' favorite songs and shakes their bodies!

