

PHYSICAL EDUCATION CURRICULUM OVERVIEW 2019-2020

RECEPTION & KEY STAGE 1

YEAR	Lesson	AUTUMN TERM		SPRING TERM		SUMMER TERM	
		Aut 1	Aut 2	Spring 1	Spring 2	Summer 1	Summer 2

Reception	1 Class Teacher	Multi-sports	Multi-sports	Multi-sports	Multi-sports	Gymnastics (Equipment based)	EYFS Sports Day Events
	2 Specialist Teacher (Jessica)	Dance	DANCE	DANCE	DANCE	DANCE	DANCE

YEAR	Lesson	AUTUMN TERM		SPRING TERM		SUMMER TERM	
		Aut 1	Aut 2	Spring 1	Spring 2	Summer 1	Summer 2

Year 1	1 Class Teacher	Multi-sports skills (Transition from EYFS)	Dance	Yoga (Sheena to support each class teacher)	Gymnastics (Equipment Based)	KS1 Sports Day Events	Multi-Sports Challenge Activities
	2 Specialist Teacher (Bren)	Gymnastics (Use skills ladders)	Games (Use Skills Ladders)	Indoor Athletics	Games (Use Skills Ladders)	OAA (Outdoor & Adventurous Activities)	Football

Year 2	1 Class Teacher	Gymnastics (Use skills ladders)	Dance	Indoor Athletics	Gymnastics (Equipment Based)	KS1 Sports Day Events Skills	Rounders
	2 Specialist Teacher (Bren)	Games (Striking, & Fielding)	Cricket	Games (Dribbling, Attacking & Defending)	Football	OAA (Outdoor & Adventurous Activities)	Tennis