

Scheme of Work

Word Box: cannabis, volatile substances, accident, dangerous, unconscious, breathing, choking, sniffing, inhaling, recovery, first aid, emergency

Programmes of Study

Core Theme 1: Health and Wellbeing

- 2. how to maintain physical, mental and emotional health and wellbeing
- 6. how to make informed choices about health and wellbeing and to recognise sources of help with this
- 7. how to respond in an emergency
- 8. to identify different influences on health and wellbeing
- which, why and how, commonly available substances and drugs (including alcohol and tobacco) could damage their immediate and future health and safety
- to differentiate between the terms 'risk', 'danger' and 'hazard'
- that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media

Learning Intentions and Learning Outcomes

Learning Intention
To understand the effects, risks and law relating to cannabis

Learning Outcomes
To know what effect cannabis can have on your health and life
To know the legal consequences of using cannabis

Learning Intention
To understand the risk of volatile substance abuse (VSA)

Learning Outcomes
To know the effects and risks of volatile substance abuse
To know how to get and to give help

Learning Intention
To be aware of the options for getting help, advice and support

Learning Outcomes
To have practised communicating with adults
To know how to access help and support

Lesson Title

Lesson 1
[Cannabis](#)

Lesson 2
[Volatile Substance Abuse & Getting Help](#)

Lesson 3
[Help, Advice and Support](#)

Resources

[Cannabis Facts Teacher Guide](#)
[Cannabis Facts Quiz](#)
[Peer Pressure Strategy cards](#)
[Anonymous Questions template](#)

[VSA Fact sheet](#)
[Dialling 999 script](#)
[Peer Pressure Strategy cards](#)
[Anonymous Questions template](#)

Additional Activities
[First Aid Teacher Guide](#)

[Cannabis Facts Teacher Guide](#)
[Problem Page Scenarios](#)

Additional Activities
Internet access