Year 1

Growing & Caring For Ourselves

Key Stage 1

Scheme of Work

Word Box: Friends, feelings, similar, different, family, boy, girl, male, female, private parts, penis, vulva

Statutory Guidance	Learning Intentions and Learning Outcomes	Lesson Title	Resources
Relationships Education Respectful relationships (3a,3e) **Healthy Education** Mental wellbeing (6b,6c)	**Learning Intention** To understand that we are all different but can still be friends **Learning Outcomes** Know that we can be friends with people who are different to us	**Lesson 1** Different Friends	Talking object Story bag containing an elephant puppet (or the elephant picture) and a school jumper or shirt if the school has one. Paper and coloured pencils
Key Stage 1 Science - Identify, name, draw and label the basic parts of the human body	**Learning Intention** To discuss how children grow and change **Learning Outcomes** Understand that babies need care and support Know that older children can do more by themselves	**Lesson 2** Growing and Changing	Talking object Story bag containing Pictures of newborn babies Lifecycle picture cards Lifecycle word cards Lifecycle whiteboard summary
Relationships Education Families and people who care for me (1a,1b,1c,1d,1f) Caring friendships (2e) Respectful relationships (3a,3e) Being Safe (5d,5e) **Health Education** Mental wellbeing (6b,6c)	**Learning Intention** To explore different types of families and who to ask for help To identify who can help when families make us feel unhappy or unsafe **Learning Outcomes** Know there are different types of families Know which people we can ask for help	**Lesson 3** Families and Care	Talking object Story bag - containing a ball and a school jumper Families pictures *The Family Book*, Todd Parr